

New Adarsh Public School

Monthly Syllabus : 2019 - 2020

Class - VII

General Instructions:

- ✓ Entire academic session is divided into two terms:
1st Term – April to September
2nd Term – October to March
- ✓ Periodic Test 1 & 2 – 20 Marks (Converted into 10 Marks)
- ✓ Note Book Assessment – 05 Marks
- ✓ Subject Enrichment Activity – 05 Marks
- ✓ Half Yearly & Annual Exam – 80 Marks

Hindi-A

S.No. Month Content

1	April	पाठ-1 आत्माभिमान पाठ-2 मंत्र पाठ-3 सौर मंडल और हमारी पृथ्वी
2	May	पाठ-4 मेरी माँ पुनरावृत्ति कार्य – पाठ 1, 2, 3, 4 Revision + Periodic Test-I (20 Marks)
3	June	Holiday Home Work 1. पिता-पुत्र में संवाद 2. अनुशासन का महत्व पर अनुच्छेद लेखन 3. 5 प्रेरक कहानियाँ 4. शहीद वीर जवानों के विषय में 10-10 पक्तियाँ लिखो। 5. 20 प्रेरणार्थक वाक्य ए3 शीट पर लिखो।
4	July	पाठ-5 आर्य भट्ट पाठ-6 इतने ऊँचे उठो पाठ-7 सच्ची ज्ञान-पिपासा
5	Aug.	पाठ-8 तोते की शिक्षा पाठ-9 हमारा आदिम समाज पाठ-10 धर्म की झोंकी क्रियात्मक कार्य – महात्मा गाँधी के तीन बन्दरो की तस्वीर क्या शिक्षा देती है लिखो।
6	Sept.	पाठ-11 गुलीवर की समुद्री यात्राएँ पुनरावृत्ति कार्य पाठ 5 से 11 तक Revision + Half Yearly Exam (80 Marks)

7	Oct.	पाठ-12 पंचवटी पाठ-13 अशोक का हृदय परिवर्तन
8	Nov.	पाठ-14 रक्त दान : महादान पाठ-15 रहीम पाठ-16 चीनी फेरी वाला
9	Dec.	पाठ-17 ममता पुनरावृत्ति कार्य पाठ 12 से 17 तक Revision + Periodic Test - II (20 Marks)
10	Jan.	पाठ-18 खुद को सफल माने पाठ-19 तिलक की लोकप्रियता क्रियात्मक कार्य- उगते हुए सूर्य को देखकर वातावरण में होते हुये परिवर्तन का अपने शब्दों में वर्णन करो
11	Feb.	पाठ-20 श्रीकृष्ण लीला पद पुनरावृत्ति कार्य पाठ 17 से 20 तक
12	March	Revision + Annual Exam (80 Marks)

Hindi-B

S.No.	Month	Content
1	April	पाठ-1 भाषा, लिपि और व्याकरण पाठ-2 वर्ण-विचार पाठ-3 शब्द-विचार
2	May	पाठ-15 विलोम शब्द पाठ-16 पर्यायवाची शब्द Revision + Periodic Test-I (20 Marks) पाठ-1, 2, 3, 15, 16
3	June	Holiday Home Work 1. 10-10 मुहावरे लिखकर वाक्य प्रयोग करो 2. ग्रीष्मकालीन अवकाश में आप जहाँ भी घूमने गए उसका वर्णन 100 शब्दों में करें। 3. 10 ज्ञानाबर्द्धक वाक्य लिखो
4	July	पाठ-4 उपसर्ग एवं प्रत्यय पाठ-5 सन्धि पाठ-6 समास

5	Aug.	पाठ-7 संज्ञा, लिंग, वचन, कारक पाठ-8 सर्वनाम पाठ-21 संवाद लेखन पाठ-22 अपठित गद्यांश क्रियात्मक कार्य- माता-पुत्री के मध्य आधुनिक फैशन के पक्ष-विपक्ष में बातचीत लिखिए।
6	Sept.	पाठ-23 पत्र लेखन पाठ-26 निबन्ध Revision + Half Yearly Exam (80 Marks) पाठ - 4 से 8, 21, 23, 26
7	Oct.	पाठ-9 विशेषण पाठ-10 क्रिया पाठ-25 अनुच्छेद लेखन
8	Nov.	पाठ-11 काल पाठ-12 अव्यय या अविकारी शब्द पाठ-17 अनेकार्थक शब्द पाठ-24 कहानी लेखन क्रियात्मक कार्य - परोपकार के विषय में कोई लेख अपने शब्दों में लिखो।
9	Dec.	पाठ-18 एकार्थक प्रतीत होने वाले शब्द Revision + Periodic Test - II (20 Marks) पाठ- 9 से 12, 17, 18
10	Jan.	पाठ-13 विराम चिन्ह पाठ-14 वाक्य रचना
11	Feb.	पाठ-19 अनेक शब्दों के लिए एक शब्द पाठ-20 मुहावरे और लोकोक्तियाँ पुनरावृत्ति कार्य - 9 से 14, 17, 18, 24, 25
12	March	Revision + Annual Exam (80 Marks)

English-A

S.No.	Month	Content
1	April	Le-1 How beautiful is the rain + worksheet 1 Le-2 Karna and Kunti + Worksheet 2 Le-3 Presence of mind + worksheet 3 Activity P.No. 19 find the poem of Rabindranath Tagore by internet

2	May	Unit- Test-1 Revision + Periodic Test-I (20 Marks) Le-1 to 3
3	June	Holiday Home Work 1. Make a picture dictionary in alphabetical order and paste the picture according to alphabet. 2. Read the news paper and collect the picture of famous sports personality and write about their contribution in specific sports.
4	July	Le-4 The missing ring + worksheet 4 Le-5 The Banyan tree + worksheet 5 Le-6 Long-Long ago + worksheet 6 Le-7 Granny's fabulous kitchen + worksheet 7 Activity Page No.-41 Describe the fighting of snake and mongoose.
5	Aug.	Le-8 Issac Newton + worksheet 8 Le-9 Educating mother + worksheet 9 Le-10 The ant and the grass hopper + worksheet 10 Activity- Write ten scientist name and his inventions
6	Sept.	Revision + Half Yearly Exam (80 Marks) Syllabus - July, August + Ch-2
7	Oct.	Le-11 The china plate + Worksheet 11 Le-12 Charlie's Mother + Worksheet 12 Le-13 Thomas Alva Edison + Worksheet 13 Activity - Write one paragraph on charlie chaplin
8	Nov.	Le-14 Head and heart + Worksheet 14 Le-15 A rupees goes longway + worksheet 15 Le-16 The story of two doctors + Worksheet 16 Activity = P.No. 108
9	Dec.	Le-17 My shadow + Worksheet 17 Unit Test - 3 Revision + Periodic Test - II (20 Marks) Syllabus (Oct to Nov) (Ch-11 to 17)
10	Jan.	Le-18 The open window + worksheet 18 Le-19 The quiet life + worksheet 19
11	Feb.	Le-20 Work is worship + worksheet 20 Unit Test-4
12	March	Revision + Annual Exam (80 Marks) Syllabus (Oct to Feb) Le.-4, 9

English-B

S.No.	Month	Content
1	April	Le-1 The sentence + Worksheet Le-2 Pronouns Le-3 Adjectives Le-20 Notices
2	May	Le-16 Antonyms and synonyms Unit test- I Revision + Periodic Test-I (20 Marks) Syllabus April Le-1, 2, 3, 20, 16
3	June	Holiday Home Work Make a magazine
4	July	Le-4 Degree of comparison Le-5 Verbs Le-6 Subject verb agreement Le-7 Adverb Le-21 Messages Le-24 Essay
5	Aug.	Le-8 Prepositions Le-9 Conjunctions Le-10 Interjections Le-17 One word substitution Activity - Ambition is important to become successful in life. Write few line on A4 size sheet.
6	Sept.	Le-22 Letter writing Le-23 Paragraph writing Unit- Test-2 Revision + Half Yearly Exam (80 Marks) Syllabus April to Aug (Le-1 to 10, 16, 17, 18, 24, 22)
7	Oct.	Le-11 Articles Le-12 Tenses Le-13 Modals Le-25 Diary Entry
8	Nov.	Le-14 punctuation Le-15 Voice Le-16 Antonyms and synonyms Le-26 Story writing Le-27 Biographical sketches
9	Dec.	Le-28 Comprehension Unit Test-3 Revision + Periodic Test - II (20 Marks) Syllabus Oct to Nov L-11 to 16, 25, 26, 27, 28

10	Jan.	Le-17 One word substitution le-18 Idioms and phrases Le-19 Homophones Le4 Essay writing
11	Feb.	Le-2 Letter writing Unit-Test-4
12	March	Revision + Annual Exam (80 Marks) Syllabus Oct to Feb (Le-11 to 19, 25, 26, 27, 28)

Maths

S.No.	Month	Content
1	April	Unit-1 Integers multiplication and division Unit-2 Fractions
2	May	Revision + Periodic Test-I (20 Marks) Unit-1 and 2
3	June	Holiday Home Work Make a chart on national number and Do practice of Ch. 1, 2 Make a file on the properties of Triangle
4	July	Unit-13 Symmetry Unit-4 Rational numbers Unit-9 Understanding shapes
5	Aug.	Unit-3 Decimals Unit-14 Visualising solid shapes Unit-5 Algebraic Expressions Activity - Draw different type of Angels and write their property on A4 sheet.
6	Sept.	Revision + Half Yearly Exam (80 Marks) Unit 2, 3, 4, 5, 9, 13, 14
7	Oct.	Unit-6 Linear equation Unit-7 Powers (Exponents) Unit-10 Properties of triangles
8	Nov.	Unit-8 Commercial mathematics Unit-16 Data Handling
9	Dec.	Revision + Periodic Test - II (20 Marks) Unit- 6, 7, 10, 8, 16

10	Jan.	Unit-15 Perimeter and Area Unit-11 Congruence of triangles Unit-12 Constructions Activity - Draw different type of triangle and write their property on A4 sheet
11	Feb.	Revision for Annual Examinations
12	March	Revision + Annual Exam (80 Marks) Unit- 4, 6, 7, 10, 8, 16, 15, 12, 11, 5, 9

Science

S.No.	Month	Content
1	April	Ch-1 How do plants live Ch-2 Nutrition in living beings Diagram 1. Photosynthesis 2. Nutrition in Amoeba 3. Villi
2	May	Revision + Periodic Test-I (20 Marks) Le-1, 2
3	June	Holiday Home Work 1. Prepare a model or chart on human digestive system 2. Prepare an assignment on different modes of heat transfer and also give an activity of every mode.
4	July	Ch-3 Fibre to fabric Ch-4 Heat Ch-5 Acids, Bases and salts Diagram - 1. Life cycle of a silkworm 2. Thermo flask 3. Colour chart for universal Indicator
5	Aug.	Ch-6 Changes in Matter Ch-7 Weather and climate Ch-8 Winds, storms and cyclones Diagram 1. Air Expands on Heating Activity - To show that air exert pressure
6	Sept.	Revision + Half Yearly Exam (80 Marks) Ch-2, 3, 4, 5, 6, 7, 8

7	Oct.	Ch-9 Soil Ch-10 Respiration Ch-11 Transportation in Animals and plant Diagram 1. Soil profile 2. Respiratory system in human 3. Path of water and minerals in plants
8	Nov.	Ch-12 Reproduction in plants Ch-13 Motion and Time Ch-14 Electric current and Its effects Diagram 1. Process of Fertilization 2. Parts of flower 3. An electric bell
9	Dec.	Revision + Periodic Test - II (20 Marks) Ch-9, 10, 11, 12, 13, 14
10	Jan.	Ch-15 Light Ch-16 Water Diagram 1. Convex and concave lens 2. Water cycle 3. Water table Activity - To show the rectilinear propagation of light.
11	Feb.	Ch-17 Forests and waste management Diagram 1. Food chain 2. Food web Revision Chapter 1, 4, 9, 11, 13, 14, 15, 16, 17
12	March	Revision + Annual Exam (80 Marks) Ch-1, 4, 9, 11, 13, 14, 15, 16, 17

Social Science

S.No.	Month	Content
1	April	इतिहास पाठ-1 मध्यकालीन भारत का इतिहास पाठ-2 नए राजा और उनके राज्य भूगोल पाठ-1 हमारा पर्यावरण पाठ-2 पृथ्वी की आन्तरिक संरचना ना0 श0 पाठ-1 आधुनिक समाज में प्रजातंत्र का अविर्भाव
2	May	इतिहास पाठ-3 दक्षिण के राज्य Revision + Periodic Test-I (20 Marks) Revision (April to May)

Holiday Home Work

- 3 **June**
1. प्रयोगात्मक कार्य – राजपूत काल के मंदिरों और किलों के चित्रों को एकत्रित करके स्कैपबुक में चिपकाएँ
2. अलग-अलग तरह के औषधीय पौधों की पत्तियों को एकत्रित कीजिए तथा उनसे मिलने वाले लाभ व गुणों को पत्तियों सहित स्कैपबुक में लिखिए।
- 4 **July**
- इतिहास पाठ-4 दिल्ली के सुल्तान प्रथम भाग
पाठ-5 दिल्ली के सुल्तान द्वितीय भाग
भूगोल पाठ-3 पृथ्वी की गतिविधियाँ
पाठ-4 मुख्य भूरूप
ना0शास्त्र पाठ-2 लोकतंत्र का संस्थागत प्रतिनिधित्व
- 5 **Aug.**
- इतिहास पाठ-6 मुगल साम्राज्य
भूगोल पाठ-5 हमारा वायुमंडल
पाठ-6 जल
ना0शास्त्र पाठ-3 राज्य सरकार
पाठ-4 राज्य सरकार के कार्य
रचनात्मक कार्य – भारत के मानचित्र पर उन राज्यों को दर्शाये जहाँ ये मिट्टी पायी जाती है।
1. जलोढक मिट्टी 2. काली मिट्टी
3. लाल मिट्टी 4. पर्वतीय मिट्टी
- 6 **Sept.**
- इतिहास पाठ-7 वास्तुकला (किले और पवित्र स्थल)
Revision + Half Yearly Exam (80 Marks)
Syllabus (April to Sept)
इतिहास व भूगोल पाठ – 1
- 7 **Oct.**
- इतिहास पाठ-8 नगर व्यापारी और शिल्पकार
भूगोल पाठ-7 प्राकृतिक वनस्पति और वन्य जीवन
ना0शास्त्र पाठ-5 जनसंचार के माध्यम और प्रजातंत्र
- 8 **Nov.**
- इतिहास पाठ-9 सामाजिक परिवर्तन (अस्थायी व स्थायी समुदाय)
भूगोल पाठ-8 मानव पर्यावरण
ना0शास्त्र पाठ-6 व्यावसायिक और सामाजिक विज्ञान
पाठ-7 बाजार हमारे आस-पास
- 9 **Dec.**
- इतिहास पाठ-9 मरुस्थल में जीवन (सहारा और लददाख)
Revision + Periodic Test - II (20 Marks)
Syllabus Oct to Dec
- 10 **Jan.**
- इतिहास पाठ-10 लोक मान्यताएँ और धार्मिक विचार
पाठ-11 क्षेत्रीय संस्कृतियों का विकास
भूगोल पाठ-10 समशीतोष्ण घास के मैदानों में जीवन (प्रेयरी और बेल्ट)
पाठ-8 जलवायु वनस्पति, वन्य जीवन
ना0शास्त्र पाठ-8 लिंग भेदभाव सामाजिक और आर्थिक पहलू
रचनात्मक कार्य – गंगा के तट पर स्थित महत्वपूर्ण शहरों के नाम लिखो

		इतिहास पाठ-12 अठारहवीं शताब्दी में नए राजनैतिक निर्माण भूगोल पाठ-11 उष्णकटिबंधीय और उपोष्ण कटिबंधीय क्षेत्रों में जीवन
11	Feb.	Revision (इतिहास) Ch- 4, 8 Jan to Feb (भूगोल) Ch- 3, 8 Jan to Feb (ना.शास्त्र) Ch-5, 6, 7, 8
12	March	Revision + Annual Exam (80 Marks)

G.K.

S.No.	Month	Content
1	April	Unit-1 Basic Life Skills Units (Ch-1 to 5) Unit-2 Flora and Fauna Ch-6 to 10
2	May	Revision + Periodic Test-I (20 Marks) Chapter - 1 to 10
3	June	Holiday Homework 1. Make a poster on how to save environment on A3 size sheet 2. Make a collage on famous sports personalities (Write their names and their achievements) 3. Learn and write 30 Question/Ans about UP. G.K.
4	July	Unit-2 Flora and fauna Ch-10 to 12 Unit-3 Science world Ch-13 to 17
5	Aug.	Unit-4 Sports Headlines Ch-18 to 22 Unit-5 Entertainment time Ch-23 to 26 Activity - Describe about two sports personality in class room
6	Sept.	Revision + Half Yearly Exam (80 Marks) Unit-2 Ch-11 and 12 Unit-3 Ch-13 to 17 Unit-4 Ch-18 to 22 Unit-5 Ch-23 to 26
7	Oct.	Unit-6 Incredible India Ch-27 to 35
8	Nov.	Unit-7 Language and Literature Ch-36 to 40

9	Dec.	Revision + Periodic Test - II (20 Marks) Unit 6 to 8
10	Jan.	Unit-7 Language and Literature Ch-36 to 40 Unit-8 World we live In Ch-41 and 42 Activity - Presentation on use of language in class room (English & Hindi)
11	Feb.	Revision Ch- 43 to 47
12	March	Revision + Annual Exam (80 Marks) Unit- 3 to 8

Computer

S.No.	Month	Content
1	April	Ch-1 Windows 7
2	May	Revision + Periodic Test-I (20 Marks)
3	June	Holiday Home Work Prepare project on windows 7 learn exercise
4	July	Ch-2 Working with word Ch-3 Working with Excel
5	Aug.	Ch-4 Working with power point Activity -make a project file on word an excel
6	Sept.	Revision + Half Yearly Exam (80 Marks) Ch-1, 2, 3, 4
7	Oct.	Ch-5 MS Access 2007
8	Nov.	Ch-6 QBASIC Advance Concepts
9	Dec.	Revision + Periodic Test - II (20 Marks) Ch- 5, 6
10	Jan.	Ch-7 What is a virus? Activity - Draw any picture of two computer on A4 sheet

11	Feb.	Ch-8 Social Networking Revision (Ch-4, 5, 6, 7, 8)
12	March	Revision + Annual Exam (80 Marks) (Ch-4, 5, 6, 7, 8)

Drawing

S.No.	Month	Content
1	April	Page no.-5 – Fundamental of Art (Introduction) Page no.-6 – Observation Page no.-7 – Elements of Art (Colour Wheel) Page no.-9 – Principal of Art Page no.-10 – Drawing from Imagination Page no.-11 – Understanding Perspective
2	May	Periodic Test [20 Marks] Page no.-13 – Method of Material Page no.-16 – Light and Shade Page no.-18 – Drawing with Shapes Page no.-19 – Silhouette Page no.-20 – Still life Page no.-21 – Still Life with Pencil
3	June	Holiday Homework: Page no.-45 – Composition Page no.-52 – Craft Idea Page no.-57 – Weaving Paper (Making a Basket) Page no.-60 – Pop-up (Birthday Cake) Make spray painting using water colour on A4 sheet
4	July	Page no.-22 – Still Life – Canvas shoe Page no.-23 – Drawing Fruits and Vegetables Page no.-24 – Vehicles Page no.-25 – Building Study Page no.-26 – Nature Study Page no.-27 – Drawing and colouring Flowers
5	Aug.	Page no.-28 – Drawing and colouring Birds Page no.-29 – Drawing and colouring Animals Page no.-30 – Drawing and colouring Insects Page no.-31 – Drawing and colouring Landscape Page no.-33 – Human from Study Page no.-34 – Portrait Study Activity - Draw colourful Abstract tree on sheet
6	Sept.	Half Yearly Exam [80 Marks] Syllabus – July, August & Page no.-5 to 11

7	Oct.	<p>Page no.-35 – Drawing Hand and Feet Page no.-37 – Drawing People in Action Page no.-39 – Composition Study Page no.-41 – Human and Nature Page no.-42 – Composition in Folk Art style Page no.-44 – Meet the Artist (Ram Kinkar Baij)</p>
8	Nov.	<p>Page no.-46 – Art and Design (Working with type) Page no.-47 – Computer Graphics Page no.-48 – Cartooning Page no.-49 – Flip Book Animation Page no.-50 – Folk Art Page no.-54 – Paper Craft</p>
9	Dec.	<p>Periodic Test – 2nd [20 Marks]</p>
10	Jan.	<p>Page no.-58 – Paper Mache (With Masks) Page no.-59 – Bottle Magic Page no.-61 – Assessment (Flip Book) Page no.-62 – Assessment Composition in Mixed Media Activity - Make something creative using matchstick</p>
11	Feb.	<p>Page no.-63 – Galloping Horse Stickers Page no.-64 – Activity with Scrapping</p>
12	March	<p>Annual Examination – 2019-20 [80 Marks] Syllabus – October to February & Page no.- 5 to 17</p>